

**National Class E Scow Association  
2004 National Championship Regatta**

**Crystal Lake Yacht Club  
9 – 11 September 2004**

**Sailing Instructions**

**1. RULES**

- 1.1. The regatta will be governed by the 'rules' as defined in the 2001-2004 Racing Rules of Sailing (RRS).
- 1.2. The regatta is designated Category A in accordance with ISAF Regulation 20, RRS Appendix 1.

**2. ELIGIBILITY AND ENTRY**

- 2.1. The regatta is open to all Class E Scow yachts, which meet the rules of NCESA, whose helmsmen are regular members of NCESA, whose crews are associate members or regular members of NCESA, and who properly complete registration and measurement with the Regatta Committee.
- 2.2. Each yacht must keep the same crew throughout the regatta. In the event of an emergency, causing a crew person to be unable to continue sailing, a substitute crew may be used after obtaining the permission of the jury.

**3. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located on the exterior of the north wall of the CLYC clubhouse. Notices shall be considered given to the competitors once they are posted on the notice board.

**4. CHANGES IN SAILING INSTRUCTIONS**

Any change in the sailing instructions shall be posted by 0830 on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

**5. SIGNALS MADE ASHORE**

- 5.1. Signals made ashore will be displayed on the flagpole to the north of the clubhouse.
- 5.2. Flag 'AP' over 'H' denotes the warning signal will be made not less than one (1) hour after the lowering of flag 'H'. One sound signal will be made when 'H' is lowered. 'AP' will continue to be displayed on the signal boat until one (1) minute before the warning or other signal.
- 5.3. Code Flag 'F' when displayed from the signal boat before, or with, the harbor warning (Instruction 5.4) signifies that NCESA approved flotation panels shall be installed at the head of the mainsail on each competing yacht for all subsequent races until the Race Committee (RC) next brings the fleet ashore.
- 5.4. Approximately one (1) hour before the scheduled warning signal the signal boat will make a sound signal and display Flag 'B' as she departs for the course area. This flag shall be lowered with a sound signal 5 minutes before the warning as an attention signal.
- 5.5. Code Flag 'B' displayed with a sound signal after the signal boat has returned to shore means that protest acceptance time has begun, and when lowered one hour later means that protest acceptance time has expired.

**6. SCHEDULE OF RACES AND COMPETITOR MEETING**

- 6.1. A maximum of six (6) races will be sailed in the series.

- 6.2. A competitor meeting is scheduled at 0830 at the CLYC clubhouse on the north deck Thursday, September 9.
- 6.3. The warning signal for the first race is scheduled at 1000 on Thursday, September 9. The scheduled times of warning signals for subsequent races will be posted, except for those which follow as soon as possible after the conclusion of a prior race (back-to-back).
- 6.4. No race shall start after 1200 on Saturday, September 11. No more than three (3) races will be sailed in any single day.
- 6.5. Crystal Lake is in the Eastern Time Zone, and all times indicated herein are Eastern Daylight Savings Time.

**7. RACING AREA**

The racing area shall be the navigable waters of Crystal Lake.

**8. THE COURSE**

- 8.1. Windward-leeward courses only will be sailed with an offset mark at the windward end, and two gate marks at the leeward end. Please refer to Figure 1.
- 8.2. The required number of circuits of the course and the approximate compass heading to Mark 1 will be displayed from the RC Signal Boat.
- 8.3. The finish may occur at the end of the windward or leeward leg depending upon the indicated number of laps on the signal boat placard.
- 8.4. Once a race is started, the number of legs shall not be changed.

**9. MARKS**

Representative course turning marks, offset marks, and change marks will be on display at the RC boat dock prior to the first race.

**10. THE START**

- 10.1 RRS Rule 30.1 (Round-an-End Rule) will be in effect for all starts.
- 10.2 The start line will be: (1) between staffs displaying orange flags on two RC boats, or (2) from a staff displaying an orange flag on an RC boat at the starboard end, to a staff displaying an orange flag on an RC boat in the approximate center of the start line, and thence to a staff displaying an orange flag on an RC boat at the port end. A notice will be posted if Configuration (2) is to be used.
- 10.3 If the RC boat at the starboard end of the line attaches a buoy to the boat, the boat, the buoy and space between them shall be treated as a single mark that is subject to RRS Rule 31.
- 10.4 The starting signals will be made from a boat stationed on the course side of the starting line.
- 10.5 A boat attempting to start more than seven (7) minutes after her starting signal shall be scored DNS.

**11. RECALLS**

Following the display of the individual recall signal, the RC will announce by VHF radio only the racing number of all boats identified on the course side of the starting line at the starting signal. Such announcement is a courtesy and failure to hear or understand it shall not constitute grounds for redress.

- 11.1 If a mid start line boat is used, an OCS yacht may round this boat, leaving it to port, to comply with RRS Rule 30.1, but only after the start signal.
- 11.2 Yachts failing to start in accordance with the definition may be notified by radio or voice hail at Mark 1 or any time thereafter.

**12. CHANGE OF COURSE**

When signaling a change of course, the RC boat flying flag C shall make repeated hails of the compass bearing for the next leg instead of displaying the bearing on a board. This changes RRS Rule 33.

**13. TIME LIMITS**

13.1 A race shall be abandoned if no yacht reaches Mark 1 within forty-five (45) minutes after the start or finishes within two and one half (2 1/2) hours.

13.2 Any yacht not finishing within thirty (30) minutes of the first yacht shall be scored one point more than the number of yachts finishing within that time.

**14. THE FINISH**

The finish line will be between a staff displaying an orange flag on an RC boat at the starboard end of the line, and a similar flag, staff, and boat - or a buoy - at the port end of the line, when viewed from the course side.

**15. POSTPONED OR ABANDONED RACES**

Any race postponed or abandoned will be sailed before any other scheduled race.

**16. CONSECUTIVE RACES**

Code Flag 'B', displayed on a Race Committee Boat while on finish station means that another race will follow as soon as possible (back-to-back). This signal will be lowered with a sound signal five minutes before the warning signal for the next race.

**17. PENALTIES**

The turns penalty of RRS Rule 44.2 is modified such that the required turn shall be 360 degrees including one tack and one gybe.

**18. PROTESTS**

18.1 As soon as possible after finishing or withdrawing from the race in which the alleged breach occurred, a protesting boat shall notify the RC of the racing number of any or all protested boats, and protested boats shall notify the RC of any penalty turns performed. If the protesting boat has finished the race, notice shall be given to the RC stationed just beyond the finish line. If that boat is not on station, the report shall be given to any other RC boat in the finish area. It is preferable to notify the RC by radio, using the competitor channel.

18.2 Protests shall be written on forms available at regatta headquarters. The location to pickup and deposit protest forms will be posted on the notice board. A Jury representative will be at that location during the final ten (10) minutes of protest time to receive completed protest forms.

18.3 The time and location of protest hearings shall be posted on the notice board within 5 minutes of the end of protest time. Such notice will include the yacht numbers of parties to the protest and names of witnesses.

**19. WITHDRAWING FROM A RACE**

A yacht which withdraws from a race or does not intend to start a scheduled race, shall inform the Race Committee as soon as possible. Failure to do so may result in disqualification from all races that day.

**20. SCORING**

20.1 Six races are scheduled of which three must be sailed to constitute a regatta.

20.2 The low point scoring system of RRS Appendix A shall be used. If six races are completed, each yacht's worst score shall be excluded from her total. This modifies RRS Rule A2.

**21. SAFETY**

- 21.1 Each competitor including all skippers and crew is ultimately responsible for his/her personal safety. In the case of a competitor less than eighteen years of age, his/her parent or legal guardian is so responsible.
- 21.2 If any yacht has finished a race before the onset of foul or threatening weather, and the Race Committee determines to clear yachts from the water, the RC Signal Boat will make three (3) sound signals, and display Code Flag 'H' at which time any yacht still racing shall immediately cease racing and go ashore. These yachts may be scored at the discretion of the Chief Judge, who instead may order the race abandoned.

## **22. RADIO USE**

- 22.1 VHF radio will be used by the RC to communicate with the competitors. The number of the sole channel to be used by competitors will be posted.
- 22.2 The only communication devices that may be used by the competitors are; (a) a weather monitor, (b) a radio tuned to receive only RC transmissions that are intended for all boats and (c) a cell phone that may be used for emergency purposes only. The penalty for breaking this rule will be total disqualification from the regatta or such lesser penalty as may be determined by the Jury. Failure to hear a RC transmission shall not constitute grounds for redress. Except for emergency purposes, no transmission shall be made to the RC or any other person when racing. The competitor channel will be used for all the RC communications through the start sequence, and including OCS hails. Also, notification of course changes after the start may be broadcast in addition to the signals as provisioned in RRS Rule 33 as modified by Instruction 12 herein.